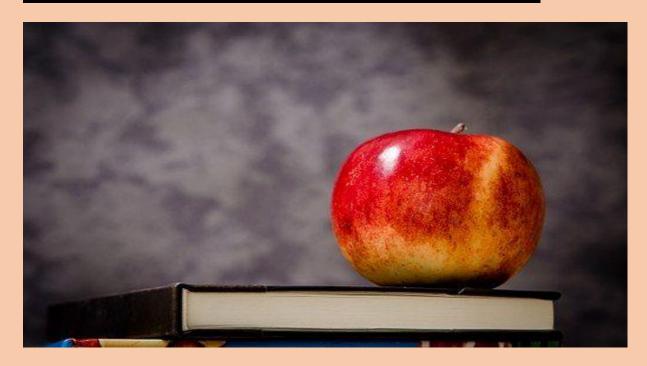
# Yahweh Virtual University Curriculum Outline Level 2



#### Copyright

All rights reserved. Published by Deborah Ann (Ezraella) Israel Jan. 2018 Yahweh Virtual University, Jan. 2022

No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means without written permission of the publisher.

## YAHWEH UNIVERSITY HISTORY

Yahweh University, AKA Hebrew Israelite Academy, was founded by Yahweh Ben Yahweh in 1979 as a private institution supported solely by tuition and tax-deductible gifts. Yahweh Ben Yahweh is a Tutelary Genius who created a "New School" that produces students rated as "genius" through precepts of morality as found in the King James Version (KJV) of the Holy Bible (Matthew 5:48.)

Yahweh will direct our children to possess attributes of morality which will make them "gods" (Psalms 82:6) like Daniel, Hananiah, Mishael and Azariah, our students will be ten times better in wisdom, knowledge and skills (Dan. 1: 17-20.)

# AND METHODOLOGY

- Yahweh Ben Yahweh's educational philosophy and teaching methodology assures "Mastery for Life".
- Students are grouped by age, not ability.
- There is no first, second or third grade. There is no "pass" or "fail".
- The word "level" is used to indicate grade level materials that can be used as academic references.
- Neither A, B, C, D, F nor "sad faces" are to be used. Happy faces, checks and check plus are to be used.
- After Level 1, knowledge should be reviewed and continued for the next level. All students must demonstrate knowledge of foundation information. Some levels are repeated for proper retention.
- Students memorize Working Definition and Glossary for each subject.
- Use music, drumming, and beats while memorizing.
- After the Working definition and glossary, students learn the "meat" of the subject (2 Tim. 2:15) EXAMPLE:
  - Step 1= Memorize definition of "Biology";
  - Step 2= Recite "Biology Terminology"
  - Step 3=Study Creation of Animals and Mankind (Gen. 1:20-31)
  - Step 4= List and study Clean and unclean animals, dietary restrictions, laws of cleansing, etc.

#### Parent or Teacher Resources Information

\*Please Note: The following links are NOT related or created by Yahweh Virtual University. Parents/Teachers can use these resources to homeschool if they so choose. (Please spiritualize any resources you may use.)

https://www.commonlit.org/ (reading passages)

https://www.ixl.com/

https://www.education.com/ (lesson plans)

https://www.discoveryeducation.com/community/virtual-field-trips/ (virtual field trips)

https://www.ck12.org/teacher/ (flash cards, simulations, teaching tools, activities, games, etc.)

https://www.commonsense.org/education/top-picks/steam-games-apps-and-sites (STEAM)

# **CURRICULUM OUTLINE**

### Age levels commensurate with grade level standards

#### **Primary Curriculum**

Ages 2-4 (Level 1) Purchase Today by clicking HERE

Ages 5-6 (Level 2) Purchase Today by clicking <u>HERE</u>

#### **Intermediate Curriculum**

Ages 7-9 (Level 3) Purchase Today by clicking HERE

#### **Advanced Intermediate Curriculum**

Ages 10-12 (Level 4-6) Purchase Today by clicking HERE

#### **Advanced Curriculum**

Ages 13-15 (Level 7-9) Purchase Today by clicking HERE

#### **Secondary Curriculum**

Ages 16-18 (Level 10-12) Purchase Today by clicking HERE

## Ages 5-6 (Level 2) Overview

#### Lessons

**Our True History Scriptures** 

Naming Land forms (Continents, Countries, States, Capitals)

Introduction to map studies (Locate lands, World maps, puzzles)

Basic Bible Law (Recite Scriptures)

Key Historical Bible figures (Moses, Daniel, Solomon...)

Inventions By Hebrews in America

#### **Resources**

Bible stories

Pictures of inventions

Flannel boards and Black figures

#### \*Recommended Reading

You Are Not a Nigger Book (By Yahweh Ben Yahweh)

https://shop.yahwehbenyahweh.com/index.php/catalogsearch/result/?q=nigger

## Ages 5-6 (Level 2) Outline

QUARTER: 1 HEBREW ISRAELITE CULTURE

- WEEK 1: Prayer Time: Prayer posture, who do we pray to... GUIDING SCRIPTURE Matthew 6:9-13
- WEEK 2: Yahweh's Cultural Knowledge: Our motto, Our Nationality...

  <u>GUIDING SCRIPTURE</u> Philippians 2:2
- WEEK 3: The description of God and the Prophets: Blackness of the Bible...

  <u>GUIDING SCRIPTURE</u> Daniel 7:9
- WEEK 4: Our True History: You Are Not A Nigger Book GUIDING SCRIPTURE 1 Chronicles 28:4
- WEEK 5: Our Forefathers: Abraham, Isaac, Jacob/Yisrael GUIDING SCRIPTURE 2Timothy 1:3
- WEEK 6: The Covenant: The covenant between God Yahweh and Israel GUIDING SCRIPTURE Deuteronomy 5:2-3
- WEEK 7: 400 Years of slavery: The punishment of disobedience to God Yahweh GUIDING SCRIPTURE Deuteronomy 28:68
- WEEK 8: Quarter 1 Review

## Ages 5-6 (Level 2) Outline

QUARTER: 2 <u>KEY HISTORICAL BIBLE FIGURES</u>

- WEEK 1: The story of Adam and Eve, The story of Cain and Abel Genesis 1:26, Genesis 5:5, Genesis 4:1-16
- WEEK 2: The story of Abraham, Isaac and Jacob Genesis 12-17, Genesis 22, Genesis 27-33
- WEEK 3: The story of Noah, The story of Joseph Genesis 6-9, Genesis 37-50
- WEEK 4: The story of Moses, The story of Joshua
   Exodus Leviticus Numbers Deuteronomy, The book of Joshua
- WEEK 5: The Story of Gideon, the story of Samson Judges 6-8, Judges 13-16
- WEEK 6: The story of David, The story of Solomon 1st and 2nd Samuel, 1 Kings 1-11 and 2 Chronicles 1-9
- WEEK 7: The story of Elijah, The story of Jonah
   1 Kings 17-19 and 2 Kings 1-2, The book of Jonah
- WEEK 8: Quarter 2 Review

## Ages 5-6 (Level 2) Outline

QUARTER: 3 BIBLE LAW

WEEK 1: Books of the Bible Joshua 1:8

WEEK 2: Blackness in the Bible (All the prophets were black) Lamentations 4:8

WEEK 3: Actual facts of YHWH's Bible (11 ways the bible is written)
Psalms 83:1-5

WEEK 4: Number of books, chapters, and verses 2 Chronicles 34:21

WEEK 5: Number of Words and letters in the Bible Hebrews 10:11

• WEEK 6: Middle books and chapters Revelations 22:7

WEEK 7: Middle and shortest books Revelations 22:10

WEEK 8: Quarter 3 Review

## Ages 5-6 (Level 2) Outline

QUARTER: 4 <u>GUIDING SCRIPTURE</u>

WEEK 1: Continents and Oceans (Video)

Psalms 95:4-5

WEEK 2: Countries (Video)

Psalms 89:11

WEEK 3: States and Capitals (Video)

WEEK 4: The Continent Africa (Video)

Genesis 2:10

WEEK 5: Countries in Africa (Video)

Psalms 87:4

WEEK 6: Resources in Africa (Video)

Job 22:24

WEEK 7: The promised land (Video)

Joshua 1:4

WEEK 8: Quarter 4 Review

## Ages 5-6 (Level 2) Overview

#### **Lessons**

Learning to blend letter sounds

Learning sight words

Learning vowels

Learning to read

#### Resources

**KJV Bible** 

Dictionary

\*Recommended Reading

**Reader Primary Book** 

https://yahwehvirtualuniversity.com/product/reader-primary-book/

## Ages 5-6 (Level 2) Outline

QUARTER: 1 <u>GUIDING SCRIPTURE</u>

#### 2 Timothy 2:15

- WEEK 1: The word "Study" defined: (Spelling ang writing) Learn vowels
- WEEK 2: Reader Primary book (Start guiding to read first few pages)
- WEEK 3: The word "Heaven" defined (Spelling and writing)
- WEEK 4: Writing sight words (all, am, are, at...)
- WEEK 5: Consonant blends ("CT" act, fact, tact...)
- WEEK 6: Sight words videos
- WEEK 7: Writing sight words
- WEEK 8: Quarter 1 Review

## Ages 5-6 (Level 2) Outline

QUARTER: 2 GUIDING SCRIPTURE

**JOB 30:30** 

- WEEK 1: The word "Black" defined (Spelling and writing) Learn vowels
- WEEK 2: Reader Primary book (Start guiding to read first few pages)
- WEEK 3: The word "Earth" defined (Spelling and writing)
- WEEK 4: Writing sight words (he, was, that, she, on...)
- WEEK 5: Consonant blends ("FT" lift, shift...)
- WEEK 6: Sight words videos
- WEEK 7: Writing sight words
- WEEK 8: Quarter 2 Review

## Ages 5-6 (Level 2) Outline

QUARTER: 3 GUIDING SCRIPTURE

#### Genesis 1:2

- WEEK 1: The word "Form" defined (Spelling and writing) Learn vowels
- WEEK 2: Reader Primary book and start reading Genesis Chapter 1
- WEEK 3: The word "Darkness" defined (Spelling and writing)
- WEEK 4: Writing sight words (came, that, when...)
- WEEK 5: Consonant blends ("MP" jump, lump...)
- WEEK 6: Sight words videos
- WEEK 7: Writing sight words
- WEEK 8: Quarter 3 Review

## Ages 5-6 (Level 2) Outline

QUARTER: 4 <u>GUIDING SCRIPTURE</u>

#### Genesis 1:6

- WEEK 1: The word "Waters" defined (Spelling and writing)
- WEEK 2: Reader Primary book and start reading Genesis Chapter 1
- WEEK 3: The word "Void" defined (Spelling and writing)
- WEEK 4: Writing sight words (you, there, but...)
- WEEK 5: Consonant blends ("LD" held, meld...)
- WEEK 6: Sight words videos
- WEEK 7: Writing sight words
- WEEK 8: Quarter 4 Review

## Ages 5-6 (Level 2) Overview

# Counting Adding

Learning multiplication tables

#### Resources

Subtracting

Lessons

Counting chart

Math workbook

Clock

\*Recommended Reading

Yahweh Mathematics Book

https://shop.yahwehbenyahweh.com/index.php/mathematics-of-yahweh-ben-yahweh.html

### Ages 5-6 (Level 2) Outline

QUARTER: 1 <u>GUIDING SCRIPTURE</u>

#### Isaiah 40:12

- WEEK 1: Mathematics, symbol, arithmetic and unit, defined (Spelling and writing) Ezekiel 28:16
- WEEK 2: Inculcate Yahweh Ben Yahweh is all that Mathematically Exist (In Yahweh Mathematics book) (1, 2, 3, and 4 time tables)
- WEEK 3: (Addition) Practice Practical application. Example: Adding cups, pencils, people, berries, etc.
- WEEK 4: (Addition) Practice Mathematics with a purpose. Example: I want to build a tree house. I will need 16 pieces of wood for the walls, 6 pieces of wood for the floors, and 8 pieces of metal for the roof. How many total pieces of **wood** do I need for the walls and floors? (Use pictures and diagrams)
- WEEK 5: (Subtraction) Practice Practical application. Example: Subtracting cups, pencils, people, berries, etc.
- WEEK 6: (Subtraction) Practice Mathematics with a purpose. Example: I have too many shoes in my room (nine pairs). I will take away 2 pairs of shoes out of my room and give them to my younger brother, how many pairs of shoes do I have left in my room?
- WEEK 7: (Manufactures) Life is Mathematics. Discuss Examples: Seeds=fruit/Food, Trees=lumber/houses, Textile=cotton/clothes. (1, 2, 3, and 4 time tables)
- WEEK 8: Quarter 1 Review

### Ages 5-6 (Level 2) Outline

QUARTER: 2 GUIDING SCRIPTURE

Job 28:10-28

- WEEK 1: Number of place values chart. Example: write 1 2 3 4 5 6 7 8 9. Have student place the commas in the correct place. Have student write the correct place value such as ones, tens, hundreds... under each number.
- WEEK 2: Inculcate Yahweh Ben Yahweh is all that Mathematically Exists (In Yahweh Mathematics book) (learn 1, 2, 3, 4, 5, and 6 time tables)
- WEEK 3: (Addition) Practice Practical application. Example: Adding cups, pencils, people, berries, etc.
- WEEK 4: (Addition) Practice Mathematics with a purpose. Example: I want to build a car. I will need 4 pieces of plastic, 6 pieces of metal, and 5 pieces of wood. How many pieces of plastic, metal, and wood will I need all together? (Use pictures and diagrams)
- WEEK 5: (Subtraction) Practice Practical application. Example: Subtracting cups, pencils, people, berries, etc. (Write subtraction Problems)
- WEEK 6: (Subtraction) Practice Mathematics with a purpose. Example: I have 50 books I will give 5 books to my friend. How many books will I have left?
- WEEK 7: (Manufactures) Life is Mathematics. Discuss Examples: Seeds=fruit/Food, Trees=lumber/houses, Textile=cotton/clothes. (learn 1, 2, 3, 4, 5, and 6 time tables)
- WEEK 8: Quarter 2 Review

## Ages 5-6 (Level 2) Outline

QUARTER: 3 <u>GUIDING SCRIPTURE</u>

2 Peter 3:8

- WEEK 1: Number of place values chart. Example: write 1 2 3 4 5 6 7 8 9. Have student place the commas in the correct place. Have student write the correct place value such as ones, tens, hundreds... under each number.
- WEEK 2: Inculcate Yahweh Ben Yahweh is all that Mathematically Exists (In Yahweh Mathematics book) (learn 1, 2, 3, 4, 5, 6, 7, and 8 time tables)
- WEEK 3: Even and odd number line up to 1,000
- WEEK 4: Measurements: Inch, foot, yard, mile 1 Kings 6:2
- WEEK 5: Telling time: 60-second 1 minute, 60-minute 1 hour...
- WEEK 6: Introduction to Division
- WEEK 7: (Manufactures) Life is Mathematics. Discuss Examples: Seeds=fruit/Food, Trees=lumber/houses, Textile=cotton/clothes. (learn 1, 2, 3, 4, 5, 6, 7, and 8 time tables)
- WEEK 8: Quarter 3 Review

### Ages 5-6 (Level 2) Outline

QUARTER: 4 GUIDING SCRIPTURE

Haggai 2:8

- WEEK 1: Time defined: (Spelling and writing) Reading clocks and writing time. Learn AM, PM, days, weeks, months, years.
- WEEK 2: Inculcate Yahweh Ben Yahweh is all that Mathematically Exists (In Yahweh Mathematics book) (learn 1, 2, 3, 4, 5, 6, 7, 8, 9, and 10 time tables)
- WEEK 3: (Addition) Practice Mathematics with a purpose. Example: I want to build an airplane. I will need 2 wings, 8 seats, 10 windows and 20 metal pieces. How many wings, seats, windows and metal pieces will I need altogether? (Use pictures and diagrams)
- WEEK 4: (Subtraction) Practice Mathematics with a purpose. Example: I made 15 peach pies for the Hebrews at the feast. The Hebrews ate 12 pies at the feast. How many pies should I have left for my family?
- WEEK 5: Solving 2-digit addition and subtraction problems: (Learn to carry the numeral)
- WEEK 6: Introduction to Division
- WEEK 7: (Manufactures) Life is Mathematics. Discuss Examples: Seeds=fruit/Food, Trees=lumber/houses, Textile=cotton/clothes. (learn 1, 2, 3, 4, 5, 6, 7, 8, 9 and 10 time tables)
- WEEK 8: Quarter 4 Review

## Ages 5-6 (Level 2) Overview

#### Lessons

Mouse control

Finding and recognizing graphic elements buttons, icons

Using software applications

**Navigating websites** 

#### Resources

The links below are external link not created by YVU. Please spiritualize any resources you may use. The first link is for learning to type the second is for learning to code.

https://www.typing.com/

https://studio.code.org/courses

Laptop computer

**Tablet** 

Phone

## Ages 5-6 (Level 2) Outline

QUARTER: 1 **GUIDING SCRIPTURES** WEEK 1: Technology defined: (Spelling and writing) 1 Chronicles 29:11 WEEK 2: Mouse control: Clicking the correct areas on the computer screen Genesis 3:11 WEEK 3: Basic computer parts Joshua 18:9 WEEK 4: Buttons vs Icons 2 Timothy 3:7 WEEK 5: Identify graphic elements Part 1 Genesis 1:27 WEEK 6: Identify graphic elements Part 2 Genesis 1:26 WEEK 7: Website navigation Psalms 5:3

WEEK 8: Quarter 1 Review

## Ages 5-6 (Level 2) Outline

**QUARTER: 2 GUIDING SCRIPTURES** WEEK 1: Technology and ethics James 1:12 WEEK 2: How to download apps (enhance study) 2 Timothy 2:15 WEEK 3: Telecommunication (safety precautions) Colossians 3:8 WEEK 4: Using online research tools (Dictionary etc.) Jeremiah 29:13 WEEK 5: Organization online (Creating folders/documents) 1 Corinthians 14:40 WEEK 6: Bookmark bar (easy access to favorites) **Psalms 118:8** WEEK 7: Taking care of your tech devices Phones, tablets...

WEEK 8: Quarter 2 Review

## Ages 5-6 (Level 2) Outline

QUARTER: 3 <u>GUIDING SCRIPTURES</u>

WEEK 1: Basic word formatting (Bold, color underline)
 Titus 3:4

WEEK 2: Short cuts (Copy/Past) Proverbs 30:8

WEEK 3: Learning computer posture 1 Chronicles 15:7

WEEK 4: Intro to typing (finger positions) Habakkuk 2:2

WEEK 5: Organization online (Placing info in folders/documents)
1 Corinthians 14:40

WEEK 6: Telecommunication (safety precautions) Colossians 3:8

WEEK 7: Taking care of your tech devices (Phones, tablets...)

WEEK 8: Quarter 3 Review

## Ages 5-6 (Level 2) Outline

QUARTER: 4 GUIDING SCRIPTURES

WEEK 1: Etiquettes on tech devices (Volume, privacy...) Colossians 3:12

WEEK 2: Creating multiple web browsers Proverbs 16:3

WEEK 3: Identify reliable vs unreliable online websites Psalms 56:11

WEEK 4: Typing (Free online typing.com) Habakkuk 2:2

WEEK 5: Organization online (Placing info in folders/documents)

1 Corinthians 14:40

WEEK 6: Organization online (Placing info in folders/documents)1 Corinthians 14:40

WEEK 7: Internet safety tips Colossians 3:8

WEEK 8: Quarter 4 Review

## Ages 5-6 (Level 2) Overview

#### Lessons

Actual facts of the planet earth

**Biological organs** 

Seed and plant growth

Nature of light and sound

Basic chemical reactions

#### **Resources**

The link below is an external link not created by YVU. Please spiritualize any resources you may use

https://www.weteachnyc.org/

Solar system graph

Charts and pictures

Vinegar, baking soda, salt

# Ages 5-6 (Level 2) Outline

QUARTER: 1	GUIDING SCRIPTURE
WEEK 1: Creation	Genesis chapter 1
WEEK 2: Science defined	Genesis chapter 1
WEEK 3: Our solar system	Genesis chapter 1
WEEK 4: The Sun	Genesis 1:16
WEEK 5: The earth and gravity	Genesis 1:24
WEEK 6: Light and Sound	Genesis 1:4
WEEK 7: The four seasons	Genesis 1:11-14
WEEK 8: Quarter 1 Review	

# Ages 5-6 (Level 2) Outline

QUARTER: 2	GUIDING SCRIPTURE
WEEK 1: Vegetation	Genesis 1:11-14
WEEK 2: Living vs non-living things	Genesis 2:7
WEEK 3: Create a diagram of biological life cycle	Ecclesiastes 1:4-7
WEEK 4: Sight: List things you see	2 Kings 6:17
WEEK 5: Hearing: List things you hear	Proverbs 20:12
WEEK 6: Touch: List things you can touch	Psalms 105:15
WEEK 7: Smell and taste: List things you can smell/ta	ste Exodus 16:31

WEEK 8: Quarter 2 Review

# Ages 5-6 (Level 2) Outline

QUARTER: 3	GUIDING SCRIPTURE
WEEK 1: List the branches of science	
WEEK 2: Animal classification (on land)	Genesis 1:20-25
WEEK 3: Animal classification (in the sea)	Genesis 1:20-25
WEEK 4: Habitation of animal life (draw habitats)	Exodus 15:13
WEEK 5: Identify mammals	Proverbs 30:30
WEEK 6: Identify reptiles	Luke 10:19
WEEK 7: Identify amphibians	Exodus 8:2-13

WEEK 8: Quarter 3 Review

## Ages 5-6 (Level 2) Outline

QUARTER: 4 <u>GUIDING SCRIPTURE</u>

- WEEK 1: List/write the branches of science
- WEEK 2: Intro to chemistry: discuss how matter interacts with energy
- WEEK 3: Discuss and list basic energy concepts John 15:5
- WEEK 4: Basic matter: Discuss/write examples of matter Colossians 1:16
- WEEK 5: Solids and liquids: Name solids/turn liquids to solid (freeze water)
  Job 37:10
- WEEK 6: Discuss/experiment with basic gas and chemical reactions (Baking soda/vinegar) Job 4:9
- WEEK 7: Discuss/experiment with separating mixtures (oil water) Ezekiel 32:14
- WEEK 8: Quarter 4 Review

# **ART**

## Ages 5-6 (Level 2) Overview

#### **Lessons**

Using scissors (Must be supervised)

Coloring

Silhouette drawing

painting

Sewing basic stitches

String art

Sculptures

#### **Resources**

Construction paper

Coloring books

Crayons

string

Paint brushes

Clay

# **ART**

## Ages 5-6 (Level 2) Outline

QUARTER: 1 <u>GUIDING SCRIPTURE</u>

#### Isaiah 64:8

- WEEK 1: Art defined: (Spelling and writing)
- WEEK 2: Safety lessons on using scissors (Cutting shapes and designs)
- WEEK 3: Drawing silhouettes on light cardboard
- WEEK 4: Fun with clay: molding and creative designs
- WEEK 5: Building with popsicle sticks and glue
- WEEK 6: Coloring pictures
- WEEK 7: Painting: fruits, veggies
- WEEK 8: Quarter 1 Review

# **ART**

## Ages 5-6 (Level 2) Outline

QUARTER: 2 <u>GUIDING SCRIPTURE</u>

#### 2 Chronicles 2:7

- WEEK 1: Art defined: (Spelling and writing)
- WEEK 2: Learning the Basic parts of the sewing machine
- WEEK 3: Cutting pictures for vision board
- WEEK 4: Gluing and explaining vision board collages
- WEEK 5: Building with popsicle sticks and glue
- WEEK 6: Fun with clay: molding and creating designs
- WEEK 7: String art
- WEEK 8: Quarter 2 Review

# **HEALTH**

## Ages 5-6 (Level 2) Overview

#### Lessons

Spell and define health

Health and its relation to emotional welling

Learn and follow personal hygiene and safety rules

Recite scriptures pertaining to personal hygiene

Name and identify pictures of biological organs

Learn the English and Hebrew words of the human body song

#### Resources

Hygiene products

**Fruits** 

Vegetables

Grains

#### \*RECOMMENDED READING

Divine Dietary Laws for Hebrew Israelites and The World (By Yahweh Ben Yahweh)

https://shop.yahwehbenyahweh.com/index.php/divine-dietary-laws-for-hebrew-israelites-and-the-world.html

# **HEALTH**

## Ages 5-6 (Level 2) Outline

QUARTER: 1 <u>GUIDING SCRIPTURE</u>

• WEEK 1: Health defined: (Spelling and write)

Jeremiah 33:6

WEEK 2: Vegetables, water, beans and grain gives our bodies life Daniel 1:12

• WEEK 3: The power of raw foods (salads) Genesis 9:3

WEEK 4: Recite scriptures pertaining to personal hygiene Ephesians 5:26

WEEK 5: Recite scriptures pertaining to personal hygiene continued Ephesians 5:26

WEEK 6: Learn and identify pictures of biological organs 1 Corinthians 12:14-18

WEEK 7: Learn the English and Hebrew words of the Human body 1 Corinthians 12:27

WEEK 8: Quarter 1 Review

# **HEALTH**

## Ages 5-6 (Level 2) Outline

QUARTER: 2 <u>GUIDING SCRIPTURE</u>

WEEK 1: Health defined: (Spelling and write)

Jeremiah 33:6

 WEEK 2: Vegetables that support our organs (Beets/blood Cranberries/kidneys... Daniel 1:12

WEEK 3: The power of raw foods (vegetables)Genesis 9:3

WEEK 4: Recite scriptures pertaining to personal hygiene Ephesians 5:26

WEEK 5: How food support emotional wellbeing (body stems, mood, etc....)

1 Corinthians 12:21-22

WEEK 6: Feelings 1 Corinthians 3:16-17

WEEK 7: Healthy social relationships Philippians 2:2-3

WEEK 8: Quarter 2 Review